

FIM SPEEDWAY GP OF POLAND

► ŁÓDŹ



▶ ŁÓDŹ



▶ YOUR DESTINATION

- ▶ **Phone country code:** +48
- ▶ **Time zone:** UTC+1
- ▶ **Population (region):**
 - Country (Poland) = 38 millions
 - Region (Kuyavian-Pomeranian Voivodeship) = 2 millions
 - City (Torun) = 200 thousands
- ▶ **Altitude above sea level:** 65m
- ▶ **General weather forecast for the event:** 13°C

▶ BEFORE YOUR TRAVEL

▶ VISA

- ▶ **VISA information:**
<https://www.gov.pl/web/diplomacy/visas>

▶ HEALTH

- ▶ **Are there any special vaccines required:**
Nothing exceptional outside standard EU regulations.

▶ IMPORTATION

- ▶ **Amount of alcohol and cigarettes allowed across the border:**
Please consult:
https://europa.eu/youreurope/citizens/travel/carry/alcohol-tobacco-cash/index_en.htm

▶ GOOD TO KNOW

▶ CURRENCY

- ▶ **Local currency:** Zloty
- ▶ **Abbreviation:** PLN
- ▶ **Approximate exchange rate:**
 - 1 EUR = 4.60 zloty
 - 1 GBP = 5.40 zloty
 - 1 USD = 4.07 zloty

▶ DRIVING RULES

▶ **General rules:**

- 1/ Headlights: mandatory all year round
- 2/ Speed limits for cars and motorcycles:
 - Built-up areas: 50 km/h
 - Residential areas: 20 km/h
 - Motorways: 140 km/h
 - Expressways (dual carriageway): 120 km/h
 - Expressways (single carriageway) & other roads: 100 km/h
 - Other roads: 90 km/h
- 3/ Driving side: right

▶ **Validity of drivers licence:**

For citizens of the European Union and the European Free Trade Association (EFTA), a driving licence is valid in Poland.

If not, an international driving licence is required.

▶ **Toll roads:**

Most highways are toll roads.

▶ **Police:**

Stop on the side of the road, turn off the engine, open the window. Do not exit the car unless instructed otherwise. If possible, keep your hands on the steering wheel.

▶ ELECTRICITY

- ▶ **Electricity voltage & frequency:** 230 V / 50 Hz
- ▶ **Socket:** Type C or E

▶ HOW YOU TRAVEL

▶ AIRPORTS

▶ **Preferred airport /**

- ▶ **Name:** Łódź Władysław Reymont Airport
- ▶ **IATA Code:** LCJ
- ▶ **Website:** <https://www.lodz-airport.pl>
- ▶ **Approximate time to commute:**
 - from airport to city centre - 15 mins.
 - from airport to the stadium - 15 mins.

▶ AIRLINES OPERATING AT THE AIRPORT

LOT, Ryanair, Wizz Air (seasonal / subject to change)

Alternative airport /

- ▶ **Name:** ·Warsaw Chopin Airport
- ▶ **IATA Code:** WAW
- ▶ **Website:** <https://www.lotnisko-chopina.pl>

▶ Approximate time to commute:

- from airport to city centre - 1,5 hours.
- from airport to the stadium - 1,5 hours.

Alternative airport /

- ▶ **Name:** ·Katowice Wojciech Korfanty Airport
- ▶ **IATA Code:** KTW
- ▶ **Website:** <https://www.katowice-airport.com>

▶ Approximate time to commute:

- from airport to city centre - 2 hours.
- from airport to the stadium - 2 hours.

▶ TRAIN STATION

Train station /

- ▶ **Name:** Łódź Kaliska / Łódź Fabryczna
- ▶ **Approximate distance to commute:**
- from train station to city centre - 3-7 Km.
- from train station to the stadium - 2-5 Km.

▶ WHEN YOU ARRIVE

▶ CAR HIRE

Option 1 /

- ▶ **Name:** Rentcars.pl
- ▶ **Phone:** +48 222 111 885
- ▶ **Website:** <https://rentcars.pl/en/contact>

▶ TAXI

Taxi services available via mobile applications

▶ Approximate costs:

- airport to city centre: approx. 50 PLN
- city centre to stadium: approx. 30 PLN

▶ HOTELS

Option 1 /

- ▶ **Name:** Iness Hotel
- ▶ **Address:** ul. Wróblewskiego 19/23, 93-578 Łódź
- ▶ **Phone:** +42 684 45 54
- ▶ **Website:** <https://inesshotel.pl/>

Option 2 /

- ▶ **Name:** Hampton by Hilton Lodz City Center
- ▶ **Address:** ul. Piotrkowska 157, 90-440 Łódź
- ▶ **Phone:** +42 202 20 22
- ▶ **Website:** <https://www.hilton.com/en/hotels/lcjchx-hampton-lodz-city-center/>

▶ EMERGENCY INFORMATION

- ▶ **Main emergency phone number:** 112

Nearest hospital /

- ▶ **Name:** Uniwersytecki Szpital Kliniczny im. Wojskowej Akademii Medycznej
- ▶ **Address (admission):** plac Gen. Józefa Hallera 1
- ▶ **Phone:** +48 42 298 77 77

Police department /

- ▶ **Name:** Komenda Miejska Policji w Łodzi
- ▶ **Address:** Henryka Sienkiewicza 28/30
- ▶ **Phone:** +48 47 841 22 50

Fire department /

- ▶ **Name:** Komenda Miejska Państwowej Straży Pożarnej w Łodzi
- ▶ **Address:** Zgierska 47
- ▶ **Phone:** +48 42 616 30 00

Pharmacy /

Available in city centre and shopping areas

▶ EVENT DETAILS

▶ STADIUM

- ▶ **Name:** MOTO ARENA Łódź
- ▶ **Address:** Al. 6 sierpnia 71, 90-645 ŁÓDŹ
- ▶ **Website:** <https://www.orzel.lodz.pl/>



► ORGANISER

- **Name:** Orzeł. Klub żużlowy (Klub Żużlowy Orzeł Łódź)
- **Address:** ul. 6 Sierpnia 71, 90-645 ŁÓDŹ, Poland
- **Phone:** +48 888 653 777
- **Email:** kontakt@orz.el.lodz.pl
- **Website:** <https://www.orzel.lodz.pl/>

► NATIONAL FEDERATION

- **Name:** Polish Motor Union (PZM)
- **Address:** Kazimierzowska 66, 02-518 Warsaw
- **Phone:** 00 48 22 542 01 00
- **Website:** www.pzm.pl

► ENJOY YOUR STAY

► TOURIST INFORMATION CENTRE

- **Name:** Tourist Information Centre - Łódź
- **Address:** Piotrkowska 28
- **Phone number:** +48 722 005 314
- **E-mail:** it@lodz.travel
- **Website:** <https://lodz.travel/>

► DEPARTMENT STORE

- **Name:** Galeria Łódzka
- **Address:** al. marsz. Józefa Piłsudskiego 15/23,
90-307 Łódź, Poland
- **Working hours:** Monday-Saturday 10.00-21.00

► GROCERIES STORE

- **Name:** Biedronka
- **Address:** ul. Piotrkowska 165, 90-447 Łódź, Poland
- **Working hours:** Monday-Saturday 6.00-23.00

► FOOD DELIVERY SERVICE (WEBSITE / MOBILE APP)

Option 1 /

- **Name:** Pyszne.pl
- **Website:** <https://www.pyszne.pl/en>

Option 2 /

- **Name:** Glovo
- **Website:** <https://glovoapp.com>

► RESTAURANTS / BARS / EATERIES

Option 1 (restaurant) /

- **Name:** Przy kominie
- **Address:** Dr. Stefana Kopcińskiego 62a, 90-032 ŁÓDŹ
- **Phone:** +48 726 110 210
- **Website:** <https://www.facebook.com/share/1AjmPrtP3v/?mibextid=wwXlfr>

Option 2 (restaurant) /

- **Name:** Ramki
- **Address:** ul. Piotrkowska 144, 90-062 ŁÓDŹ
- **Phone:** +48 604 508 853
- **Website:** <https://www.facebook.com/ramkilodz>

Option 3 (restaurant / bar) /

- **Name:** La Mia Fabbrica
- **Address:** Dr. Stefana Kopcińskiego 60A, 90-032 ŁÓDŹ
- **Phone:** +48 603 727 374
- **Website:** <https://lamiafabbrica.pl/>

Option 4 (restaurant) /

- **Name:** Komediodowa
- **Address:** ul. Piotrkowska 138, 90-062 ŁÓDŹ
- **Phone:** +48 791 163 402
- **Website:** <https://www.facebook.com/komediowalodz>

Option 5 (bar) /

- **Name:** 07 PRL Bar
- **Address:** Piotrkowska 81, 90-423 ŁÓDŹ
- **Phone:** +48 660 71 49 48
- **Website:** <http://07bar.pl/>

Option 6 (restaurant) /

- **Name:** Manekin
- **Address:** ul. 6 Sierpnia 1/3, 90-606 ŁÓDŹ
- **Phone:** +48 42 632 33 00
- **Website:** <https://www.facebook.com/ManekinLodz>



▶ EXPLORE YOUR DESTINATION

▶ MAIN TOURISTIC ATTRACTIONS

▶ **Name:** Piotrkowska Street

▶ **Address:** Ulica Piotrkowska

One of the most famous streets in the country and at the same time the longest pedestrian street in Poland, it is the showcase of the city of Łódź. The townhouses and palaces lining Piotrkowska Street house shops, restaurants, cafés, outdoor terraces, pubs, and music clubs. Piotrkowska buzzes with life throughout the year, and the fairs and festivals held along the street, including the Light Move Festival and the Songwriter Festival, add to its unique character and charm.

▶ **Name:** Orientarium ZOO Łódź

▶ **Address:** ul. Konstantynowska 8/10, 94-303 Łódź

Orientarium Zoo Łódź is an ultra-modern complex showcasing the fauna and flora of Southeast Asia. It is home to the largest Indian elephant in Europe, a record-breaking gharial crocodile, critically endangered Sumatran orangutans, as well as an underwater tunnel where visitors can admire sharks and rays swimming overhead. These are just some of the many attractions featured at the facility.

The exhibition area, which includes both outdoor enclosures and indoor habitats, is divided into four zones, each transporting visitors to a different region of the Far East

▶ **Name:** Manufaktura

▶ **Address:** ul. Drewnowska 58, 91-002 Łódź

One of the most recognizable post-industrial complexes in Łódź, now a major center of entertainment, culture, and art, offering attractions for visitors of all ages. Its vast area accommodates not only numerous shops, but also cultural institutions such as museums (the MS2 Museum of Art, the Factory Museum, and the Museum of the City of Łódź), as well as a theatre and a cinema. In addition, the complex features both casual and upscale dining options, including cafés and restaurants - all set within the impressive surroundings of historic industrial architecture.

▶ BASIC LANGUAGE SKILLS

▶ **Hello:** Cześć

▶ **Goodbye:** Do widzenia

▶ **Please:** Proszę

▶ **Thank you:** Dziękuję

▶ **Yes:** Tak

▶ **No:** Nie

▶ **Great:** Świetnie

▶ **Cheers:** Na zdrowie

▶ **Do you speak English?:**

Czy mówisz po angielsku?

▶ **Sorry, I don't understand:**

Przepraszam, nie rozumiem

▶ **I am...:** Jestem...

▶ **I am a speedway rider:** Jestem żużlowcem

▶ **I'm sorry / Excuse me:** Przepraszam

▶ **How much does it cost?:** Ile to kosztuje

▶ **Where is the restroom/bathroom?:**

Gdzie jest toaleta/łazienka

▶ **Cheque please:** Proszę rachunek

